

# MISSION

YWCA is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all.

## GETTING AHEAD CURRICULUM

Getting Ahead is a **FREE** 13-week economic empowerment program offered by YWCA Great Lakes Bay Region to women struggling financially. The program is a combination of self-examination and economic education to assist you in identifying and reaching your personal economic goals.

## BENEFITS

Participants in the Getting Ahead program are provided:

- 13-week group program to develop the tools and resources needed to support your education and employment goals.
- Support services after the program are provided to encourage and motivate.
- Graduates of Getting Ahead are eligible for funding towards employment and education goals such as vocational training, certifications, uniforms, licensing, and more.

1104 Washington Ave.  
Bay City, MI 48708

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Saginaw, MI 48607  
(United Way of Saginaw County)

eliminating racism  
empowering women  
**ywca**  
Great Lakes Bay Region

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**YWCAGLBR.ORG**

# GETTING AHEAD

*Women's Economic Empowerment*



## ABOUT GETTING AHEAD

Getting Ahead is a **FREE** economic empowerment program offering long-term solutions for economic stability. The curriculum is based on the evidence-based work of Dr. Ruby Payne, who authored “Bridges Out of Poverty” and “Getting Ahead”.

The topics covered in the program include:

- My Life Now
- Theory of Change
- Causes of Poverty
- Hidden Rules of Economic Class
- The 11 Resources
- Building Resources

The program also includes guest speakers who provide information on financial literacy, job outlook in the region, education opportunities, and more. Participants complete several self-assessments during the course, and are continually working towards their goals. Each participant ends with a comprehensive economic action plan for success that offers detailed objectives needed to reach those goals.

YWCA staff offer follow-up support services after completion of the program. Participants who graduate are also eligible to apply for funding to meet employment and education goals. Some examples of financial support have included vocational training, certifications, licensing, and uniforms.

Past graduates have gone on to attend universities and have found employment that has improved their lives economically and personally.

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“The Getting Ahead program has given us encouragement, support, and knowledge. Thank you all so very much!” - 2016 Graduate



## SCHEDULE

### Spring

Enrollment: January - February

13-Week Program: March - June

Graduation: June

### Fall

Enrollment: July - August

13-Week Program: September - December

Graduation: December

The program is scheduled for three hours, once per week during the semester. The Saginaw program meets on Tuesdays, Bay City on Thursdays, and Midland on Fridays. Attendance and participation are extremely important for success so we ask potential participants to consider work/school schedules, childcare, and transportation while applying.

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“I finished my certificate for pharmacy technician at Delta College... I feel like I’m showing my children that they have a good role model.”  
- 2015 Graduate

## HOW TO ENROLL

Those interested in enrolling may contact YWCA Great Lakes Bay Region at 989.894.9055 or complete the online referral form at [ywcaglbr.org/getting-ahead](http://ywcaglbr.org/getting-ahead). Once referred, YWCA staff will contact potential participants to schedule one-on-one assessment, and to discuss program details and eligibility requirements.

