

Women, Infants and Children



www.mmcaa.org



Do you qualify?



Are you pregnant, breastfeeding, or have a child under the age of 5?



You automatically qualify if your child has medicaid.



A family of 4 can make up to \$45,510 per year and still qualify.



Program Includes

- Free nutritious foods including whole wheat pasta and yogurt
- Free breastfeeding support including pumps and/or infant formula
- Free nutrition education
- Height, weight & iron level checks
- Free sippy cup for each child 6-9 months old

Family Size (include baby if pregnant)	Weekly Income	Annual Income
1	\$432	\$22,459
2	\$586	\$30,451
3	\$739	\$38,443
4	\$893	\$46,435
5	\$1,047	\$54,427

Mid Michigan Community Action is an equal opportunity provider & employer.

Michigan Relay Center
1-800-649-3777 (TDD)



Midland County WIC
Longview Early Childhood Center
337 Lemke Street Midland, MI 48642
989-832-7310 Text only: 989-220-1076
WIC@mmcaa.org

*Eligibility & availability requirements do apply.
This institution is an equal opportunity provider.



Early Head Start

www.mmcaa.org



Serving pregnant women and children ages 0-3.

Early Head Start is a free program offered to pregnant women, infants, toddlers, and their families.



Program Includes

- One-on-one weekly home visits
- Parent and child playgroups
- Support for pregnant women
- Developmental Screenings
- Personalized preparation for childbirth
- Doula services
- Lactation counseling
- Parent-infant massage instruction
- Happiest Baby™ educator
- Baby wearing instruction
- Parent education and involvement
- Access to other community resources

Call today!

877-386-4406

Available in Clare, Gladwin, Mecosta, Midland and Osceola counties.

Children with disabilities welcome. Transportation may be available in your area.

Mid Michigan Community Action is an equal opportunity provider & employer.



Michigan Relay Center
1-800-649-3777 (TDD)



This program is funded in part by the following sources: the Department of Health and Human Services, Office of Head Start and through the generous support of local agencies, foundations and donors.

*Eligibility & availability requirements do apply.