

Adoption Option Inc. Community Parenting Classes



Community P.L.A.N Group

Parents Learning And Nurturing

Parenting is hard for parents of young children or older children! **BUILD** on your current skills and **ENHANCE** your relationships within your family.

Gain more tools regarding:

- Your child's development & temperament
- Effective methods to address problem behaviors
- Strategies for increasing your child's self esteem
- How to promote positive family interactions

Age: 11- 18

When: Tuesdays FEBRUARY 13th - APRIL 17th

From: 10:00 am to 1:00 pm

Where: Midland Evangelical Free Church 7221 Jefferson Ave.



Age: Birth to Age 10

When: Thursdays MARCH 22nd - MAY 31st

From: 5:00 pm to 8:00 pm

Where: Midland Evangelical Free Church 7221 Jefferson Ave.



Meals and Childcare Provided! Transportation Available!

To learn more about this opportunity contact **Emily Taylor** at Adoption Option Inc.

Call: 989-839-0534

Cell Phone: 720-277-8947

Email Emily: ETaylor@aoicw.org



Connect with us on Facebook at [Facebook.com/AdoptionOptionInc](https://www.facebook.com/AdoptionOptionInc)

For an Application go online to: www.AdoptionOptionInc.org/CommunityPlanGroup



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