

COMMUNITY P.L.A.N. NURTURING PARENTING

Connect with parents to explore:

- Ways to meet your needs as a parent
- Spending Quality Time with Your Children
- Effective Communication
- Reducing unwanted behaviors using:
 - *Praise
 - *Consistent Routines
 - *Rewards and Punishments
- Effective Homework Routines



Age Specific Groups:

Adolescents (Ages 10-18)

- Tuesday's
- Beginning 1/2/18—3/6/18
- 10:00am-1:00pm

Infant, Toddler, Preschool, and Elementary (Birth-10 years)

- Thursday's
- Beginning 1/4/18—3/8/18
- 5:00pm-8:00pm

FREE

10 WEEK COURSE

**FAMILY MEAL
TIME - FOOD
PROVIDED**

**CHILD CARE
PROVIDERS
WELCOME**

**CHILDREN
WELCOME**

**(CHILDREN'S GROUP
HELD DURING PARENT
GROUP TIME)**

**TRANSPORTATION
AVAILABLE**

***LOCATED AT
MIDLAND
EVANGELICAL
FREE CHURCH
7221 JEFFERSON
AVE. MIDLAND MI
48642**

**CONTACT:
EMILY TAYLOR
989-839-0534
ETAYLOR@AOICW.ORG**

**WEBSITE:
ADOPTIONOPTIONINC.ORG**

**FACEBOOK:
WWW.FACEBOOK.COM/
ADOPTIONOPTIONINC/**